



Wisdom Teeth Irrigation Instructions

Begin irrigation in 1 WEEK

1. Create saltwater solution using 1/2 teaspoon table salt with 8oz of water.
2. Fill the syringe with lukewarm salt water.
3. Pull your cheek out to the side as far as it is comfortable to aid in visualization of surgical site.
4. Gently insert the tip of the syringe into both lower left and lower right extraction sites to flush out any debris.
5. You may have to do this 2-3 times per site to completely clean each area.
6. Discard solution in between each rinse.

Be sure to irrigate at least three times a day, usually once after every meal and once before bedtime. For proper healing, it is important to continue rinsing for approximately 10-14 days once the irrigation process has begun or until the surgical site has fully closed.

At this point in time if you are experiencing severe pain, swelling, and/or excessive bleeding contact the office immediately.

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