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COAL CREEK

ORAL SURGERY & DENTAL
IMPLANT CENTER

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

GENERAL ANESTHESIA or INTRAVENOUS SEDATION: Medications are given through a vein in your arm or hand.

1. DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER) FOR EIGHT (8) HOURS PRIOR TO SURGERY.
2. YOU MUST HAVE AN **ADULT** TO DRIVE YOU HOME, AND THEY MUST **REMAIN IN OUR OFFICE THROUGHOUT YOUR ENTIRE PROCEDURE**. CELL PHONES ARE NOT ALLOWED IN CLINICAL AREAS.
3. Take any regular medications with only a **SMALL** amount of water to get the pill down.
4. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.
5. Wear **SHORT** sleeve shirt and **tennis shoes**.
6. If you wear contacts, please wear glasses that day or take out the contacts before surgery.
7. **NO MARIJUANA** usage for **AT LEAST 72** hours prior to your surgery as this will interfere with the IV sedation medications. If you do use any marijuana, we will need to reschedule as this puts you at risk.
8. **ONLY PATIENTS WILL BE ALLOWED IN THE SURGERY ROOM ON THE DAY OF SURGERY**

GENERAL ANESTHESIA: The medications given through a vein will result in total loss of consciousness, usually complete lack of recall of the event and usually a longer recovery time. General anesthesia has an excellent safety record as an office procedure, but may, if desired, be provided in a hospital setting. (Your health insurance may not cover you unless there is a medical reason for hospitalization.)

INTRAVENOUS SEDATION: The medications given through a vein will cause total relaxation and, although you will not actually be unconscious, there will be very little recall (if any) of the events surrounding surgery.

NITROUS OXIDE: Is also known as "laughing gas." You will be relaxed and somewhat less aware of your surroundings, but will recall most if not all of the surgical event."

LOCAL ANESTHESIA: Will produce a numb feeling in the area being operated on and a feeling of pressure during surgery. You will be awake and recall the surgery, but there should be no significant discomfort. Local anesthesia is always used as a supplement to the above IV or Nitrous Oxide anesthetics.

1. Have a light meal a few hours prior to surgery
2. For more extensive procedures you may wish to have someone drive you home.
3. Plan to rest for a few hours after surgery.

PREOP MEDICATIONS: Please take all normal morning medications with a small sip of water.

OTHER SPECIAL INSTRUCTIONS: For all surgery, please wear comfortable, loose-fitting clothing. Tops/shirts must have short sleeves if you are having general anesthesia/intravenous sedation or a blood draw. Females should remove nail polish before surgery, and apply as little makeup as possible. Wear shoes that provide stable footing, no sandals, flip flops, or high heels.

Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this it is imperative that we have your full cooperation. Please feel free to ask or call about any questions concerning your surgery or anesthetic.