

Instructions: Before Intravenous Anesthesia Surgery

1. You may not have anything to eat or drink (***including water***) for eight hours prior to the appointment.
2. **No smoking** for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
3. A responsible adult (18 years of age) must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
4. The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.
5. Please wear loose fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes (please, no flip flops).
6. Contact lenses, jewelry, and dentures must be removed at the time of surgery.
7. Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
8. If you have an illness such as a cold, sore throat, or upset stomach or bowels, please notify the office at 720-588-2505.
9. If you take routine oral medications, please check with Dr. Hayes prior to your surgical date for instructions.

Breastfeeding Mothers: please contact our office for special pre-procedure instructions.